

Beat: Arts

## Ballet Dancer Emily Hug De Belmont Wows Crowds At Central Park

### Beauty, Artistry, and Athleticism

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**USPA NEWS** - Crowds at the Bethesda Terrace in Central Park were treated to a surprise visit from ballet dancer Emily Hug De Belmont. The South American beauty danced and posed through the crowds providing tourist and parks patrons with moments of creative expression and athletic skill.

Crowds gather in the areas around the famed Bethesda Terrace in the middle of Central Park daily. Some come for the magnificent landscapes, while others for the intricate artwork of the Bethesda Fountain or the beauty of the Milton tile ceiling. Yet others come to take in the nearby Bow Bridge, while some simply linger for the tranquil scenery around the Loeb Boathouse. Whatever reasons that attract people to this popular tourist location in the heart of the world's most vibrant city, we have all come to appreciate the joy of surprise appearances from the many performers and artists the world over, and the surprise is always worth it. So it was on July, 25, a beautiful Tuesday afternoon, whereas everyone on the Terrace was treated to an exquisite combination of beauty, skill, grace, and athleticism in the lovely art form that is ballet. Courtesy of Central America's ever gorgeous ballerina Emily Hug De Belmont. Emily entered the Terrace and had everyone at a standstill.

Many young girls have aspirations of experiencing ballet either as a dancer or simply to adorn themselves in a tutu, to act out precious childhood fantasies. To look into the eyes and witness the awed expressions on the young girls' faces was a heartwarming experience, when Emily took the time to take pictures with them in between wowing the crowds with her elite skills.

There is innocence and purity associated with the art form that is ballet: many a little girl dreamed of being a ballerina; whether that realization of childhood fantasies came to fruition or remained a dream, but that sweet childhood dream should not negate what ballet represents, which is an elite fitness discipline. It's important to acknowledge that dancers in general are some of the most skilled and gifted athletes in the world. Yes, athletes they are. Dancers channel their skill, prowess and energy into an artistic medium to share with the world. The strength, conditioning, and flexibility required to perform the many challenging yet seemingly easy to execute movements are simply indicative of athleticism at its highest levels. Sure one could argue the above, but when seeing a movement such as a "back attitude" pictured here in a photo still, you can't fail to appreciate just how elite this movement is from both an artistic and athletic point of view.

Emily was our featured athlete, artist, and entertainer for New York City Art, Sports, & Entertainment this week. Please enjoy the photo editorial below where we strove to highlight her natural beauty, athleticism, and charisma.

### Article online:

<https://www.uspa24.com/bericht-11662/ballet-dancer-emily-hug-de-belmont-wows-crowds-at-central-park.html>

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